



Education Series:



MARK YOUR CALENDARS AND JOIN US!

The Basics: Memory Loss, Dementia & Alzheimer's Disease **Wednesday, September 6, 9:30 – 11 a.m.**

Learn the facts: detection, risk factors, causes, stages of the disease, and treatment.

Healthy Living for Your Brain & Body: Tips from the Latest Research **Wednesday, October 4, 9:30 – 11 a.m.**

Learn about nutrition, exercise, cognitive activity and social engagement.

After the presentations, enjoy a guided tour of our beautiful independent living villas and our assisted living apartments.

**Seating is
limited, RSVP
today to
314.831.0988**



THE BRIDGE
AT FLORISSANT
A SENIOR LIVING COMMUNITY

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